

# FUTABA PRESCHOOL NEWSLETTER

## FEBRUARY, 2023

\* **Bean Scattering** event will be held on **Friday the Feb.3rd.**

\* **The cooking day** will be on the **6th(Mon)** and **23rd(Thu)**. We will make Eho-roll. **Ingredients : Seaweed, Cucumber, Span and Mayo. Please let the teacher know if your child has allergy to any of these.**

\* **17th(Fri)** and **20th(Mon)** are **closed** due to President's day weekend.

### ~What is Eho-Maki ?~



Eho-maki are thick sushi rolls which is believed to bring good fortune if eaten while facing the year's "Eho" (good luck direction). Eho-maki usually have seven ingredients such as cucumber, sweet omelet, shiitake mushroom and eel after the Seven Deities of Good Luck. On average, Eho-maki are about 8-10cm long. While you eat Eho-maki, you must be silent. Eho-maki are also called "Maru-kaburi-sushi" (swallowing sushi) because of the traditional way to eat it: make a wish, close your eyes and eat the roll until all while facing the Eho. The eating of Eho-maki without cutting reflects the idea of forming good relationships.

### ~What is Bean Scattering?~

Throwing dried soybeans represents getting rid of bad luck and welcoming good luck. As we throw the beans outside, we say "Oni wa soto" We also throw beans inside house and say "Fuku wa uchi." The word "oni" means devil or demon in Japanese so we tell bad luck to go away. The word "Fuku" means luck or fortune and we tell good luck to come to us. Children will throw beans at the demon until demon leaves! (the bad luck will go away) It sounds scary, but it is mostly fun for the kids, but some of the little ones do get scared. The beans we throw inside the house has good fortune already, so we supposed pick up and eat the amount of beans your age+1. BUT we use separate beans at our school to throw and eat for our children's safety!

Sun		Mon	Tue	Wed	Thu	Fri	Sat
February				1	2	3 <b>Bean Scattering</b>	4
5	6 <b>Cooking Day</b>	7	8	9	10	11	12
13	14 <b>Birthday Party</b>	15	16	17 <b>Lincoln's Day</b>	18	19	20 <b>President's Day</b>
21	22	23 <b>Cooking Day</b>	24	25	26	27 <b>Monthly Recital</b>	28 <b>Evacuation Training (in case of fire)</b>